#### **Placenta Nexus**

This homeopathic remedy is made from tissue from the placenta, umbilical cord and amniotic fluid. It was named Nexus to represent the connection of these three tissues.

Triturated by Angela Hair and parents of a young baby girl. The first two stages were completed by the parents and the 3rd to 7th stages by the homeopath. The notes from the first stage was misplaced and no symptoms were observed in the second stage.

# **Deeply Connecting**

I had a very strong feeling that I wanted to touch someone all night. To feel skin on skin, to have a hand on my heart, and feel deeply connected. Very beautiful feeling. I wanted to be wrapped up, completely surrounded by a warm body. (C3)

Now you seem to reach back in the past and I see Maori people watching you from a hillside, they are cloaked and happy to see you but also sad that they can't come forward to greet you. You also seem to reach into the future to your own children and grandchildren. You want to link all these people from the past and now and to the future. I am reminded of Eve - the first woman, the first mother - in christian tradition. I am aware of how your mother told me you pulled her breast to you today, as if you couldn't get enough of the stream of milk that flowed from her. (C6)

I want to be deeply connected, to hold someone's hand and feel their closeness. (C5)

Thinking about people who fall in love with strangers - deeply loving for one night - then departing. Cutting off from a person who goes to 'heaven' with you; the oxytocin rising up through two bodies deeply connected. A bond that defies time and space. (I am sent a book called the Bond by a friend) Cutting off to preserve family. Not wanting to lose what you have in life. Knowing the joy of bonding anew has diminished with familiarity. People creating a series of first times to fall in love again and again. It flows up like a spring, bubbling through the years. (C7)

I am drawn back into the well and understand we have life because our ancestors also chose it for us. They dream of their children, and grandchildren and beyond. They hope that life will be as good or better than it is for them. (C7)

#### **Babies**

I feel very cheerful and young (C3)

I want to suck my thumb (C4)

The baby comes into the room and cries when the door closes. When someone looks at her she cries. She wants to be sitting on her mother or sister's knee - looks uncertain - wants to be held. (C5)

Dream - I woke in the night and recalled baby's dream - she was struggling to breathe and I covered her with water and she became calm and relaxed again, so I guided her to the surface and she took her first breath. This time the lungs were ready to open and she cried out in delight as she emerged through the light-filling lining of the water onto the earth. She reached out to take our hand and was born again. (C6)

### Separation

I have become aware now of how separated we are now. J is watching TV, S on the computer connecting to her friends, and I am triturating by the fire. Everyone connecting with someone outsides of themselves but not with family members. (C7)

I feel like I am standing across from my mother, eyes open, looking at her but I am standing independently and happy to be like that. (C7)

## **Miscarriages**

I deeply resent this scraping phase when the powder is broken up, chaos ensures, turned and tumbled, broken apart and scraped clean. Reminds me of a DnC and a mother who told the story of still being pregnant after this operation. She believed the child was all pieces, broken limbs and hugely deformed from the scraping. When he was born the baby vomited continuously until the specialist took the anxious mother aside and asked her what was behind her anxiety. When she told him her fears, the baby immediately stopped vomiting. He was allowed to be whole and alive.

## Male vs female Connecting

The World Cup rugby game is starting - the national anthem sang, the haka performed and the people seated before their screens to join in this international game that connects men with men, and oozes brawn and speed, strategy and training. As women we join with our menfolk to enjoy the spectacle of sporting warfare; while at the same time yearning to dance and sing and laugh together in a celebration of being female.

### **Spiders**

A spider has come close and I want to squash it. Its hiding in the shadows, just waiting. I feel a little nervous about this moving spider behind me. Another spider (Daddy Long Legs) has moved into the corner where the other spider is waiting. I am intrigued what will happen? They are still close to each other but the smaller one seems to be threatening the larger black one. Its built a scaffolding to swing around on. When I bring a lighted candle close they run away from the light. I am deeply afraid of the spiders and all that lies in the shadows. (C6) (After the trituration was completed the baby was given the homeopathic medicine Tarantula which helped her sleep at night).

#### **Renewal with Nature**

Picture a huge waterfall gushing over a hillside into a deep clear pool, its seems to be a place to cleanse yourself and deeply (C3)

Internal fountain of tears. Internal smile - this remedy makes me happy. Dreaming of heather, streams, open skies in which to roam and sing, a young child in exploration. (C4)

I went to mountain hut in the snow. The light on the path through the bush had an extraordinary quality of lightness and blueness. We all wanted to play in this special place. A psychic friend was very aware of nature beings in the bush. (C4)

I can see you walking around the boundaries delighting in the nature fairies that are everywhere. They seem to be fluttering around you like butterflies. (C6)

The fire and the candles burning seem very alive tonight, waiting to be acknowledged for their part of life, warming, cleansing, purification and transformation. (C7)

A sense of fullness. There's a nice rhythm to the rising of the powder up the wall and then it falls to the middle and regroups. An endless cycle of renewal and regrowth. (C6)

## **Mother's Milk**

I am aware of how your mother told me you pulled her breast to you today, as if you couldn't get enough of the stream of milk that flowed from her. (C6)

# **Protection**

I started to realise the trees outside are living beings, protecting us. I feel surrounded by them.

# **Confusion**

I feel confused, I don't really know what I should be doing on the earth (C3)

Who called me to come to this earth? Who asked? and why did I come? I feel sadness. I feel alone. (C6)

#### **Fastidious**

I don't want any dirty dishes around me, the table needs to be clean. (C6)

#### Head

Feeling on my forehead as if a cat is walking gently on my head.(C6)

Pain in left temple area, it came suddenly like a strike of lightening, then dispersed through the nerves. (C7)

### **Eyes**

My left upper eyelid seems twitchy (C3)

#### **Face**

Herpes, feeling as if a cold sore would come on the lower bottom lip. (C3)

dry lips (C5)

#### **Teeth**

Tightness through my eye teeth, lower left, a slight ache (C6)

#### Ear

Sharp pain in Right ear, like a little fine needle/ pinprick.

Needle pain in Left ear now. (C6)

Left ear has fleeting pain (C4)

#### **Throat**

My throat is growing steadily sorer (C3, C6)

### Chest

There is a slight pain through my left breast - is this like cancer pain? (C7)

Cramp in left side of abdomen/ breast > stretching upward. (C7)

## **Abdomen**

I had a very severe cramping pain in the abdomen before triturating > leaning forward and < walking. Tried to stay still.

#### **Back**

I have become aware of the weakness in my dorsal spine, that makes it hard for me to sit up straight. (C6)

#### Rectum

Visualising moving through your bowel, there are kinks in it. This remedy helps to "straighten out". (C6)

### **Kidneys**

Aching in Left kidney area > rubbing Aching in Right kidney area. (C5)

## **Extremities**

Pain in right wrist - tendons - inner side (C4)

Left knee and lower leg ache (C4)

My hands feel warm and puffy especially on Right side. (C6)

#### Skin

Ulcers Boils (C3)

#### **Generalities**

Tired and yawning suddenly, sudden drop in energy. (C5) Desires weak tea (C6)

# **Trituration Proving Notes**

C1 - notes and powder, made by baby's parents and Angela

C2 - made by baby's parents and no notes taken

C3 -7 were completed by the homeopath

#### **C3**

I feel very cheerful and young.

Picture a **huge waterfall** gushing over a hillside into a deep clear pool, its seems to be a place to cleanse yourself and deeply relax. A place of renewal.

I feel **confused**, I don't really know what I should be doing on the earth

I feel very curious to find out how this works, how knowledge is passed through substance into my brain and into my thought.

# My left upper eyelid seems twitchy

I don't think I have smiled all day and now I am smiling

## Tickling and prickling in the belly button

My throat is growing steadily sorer

I am intrigued by the holes the form in the bottom of the bowl, like the crater in ulcers and boils.

**Nerves - herpes**, feeling as if a cold sore would come on the lower bottom lip.

I had a very severe **cramping pain in the abdomen** before triturating > leaning forward and < walking. Tried to stay still.

#### C4

Walking up and down consciously.

**Internal fountain of tears.** Internal smile - this remedy makes me happy. Dreaming of heather, streams, open skies in which to roam and sing, a young child in exploration.

Pain in right wrist - tendons - inner side

Left knee and lower leg ache

Left ear has fleeting pain

## I want to suck my thumb

I am wanting to do this quick to take short cuts, seems to be the pace of it

I feel relaxed and happy and deeply trusting.

I went to mountain hut in the snow. The light on the path through the bush had an extraordinary quality of lightness and blueness. We all wanted to play in this special place. A psychic friend was very aware of nature beings in the bush. I had a very strong feeling that I wanted to touch someone all night. To feel skin on skin, to have a hand on my heart, and feel deeply connected. Very beautiful feeling. I wanted to be wrapped up, completely surrounded by a warm body.

#### C.F

Shaking through legs, anticipation, excitement, singing and humming **Burping** from stomach

**Tired** and yawning suddenly, sudden drop in energy.

I started to realise the trees outside are **living beings**, **protecting us**. I feel surrounded by them. Aching in left **kidney** area > rubbing. Aching in Right kidney area.

Slight feeling as if a cold is coming on

I want to be **deeply connected**, to hold someone's hand and feel their closeness.

Dry **lips** 

The baby comes into the room and cries when the door closes. When someone looks at her she cries. She wants to be sitting on her mother or sister's knee - looks uncertain - wants to be held.

#### C6

I had a vision of your family, animals and land. I can see you walking around the boundaries **delighting in the nature fairies** that are everywhere. They seem to be fluttering around you like butterflies.

Now you seem to reach back in the past and I see Maori people watching you from a hillside, they are cloaked and happy to see you but also sad that they can't come forward to greet you. You also seem to reach into the future to your own children and grandchildren. You want to link all these people from the past and now and to the future. I am reminded of Eve - the first woman, the first mother - in christian tradition.

I am aware of how your mother told me **you pulled her breast to you today**, as if you couldn't get enough of the stream of milk that flowed from her.

Tightness through my eye teeth, lower left, a slight ache

Feeling on my forehead as if a cat is walking gently on my head.

I don't want any dirty dishes around me, the table needs to be **clean.** 

I want to be covered by a blanket despite the fire being on.

A spider has come close and I want to squash it. Its hiding in the shadows, just waiting. I feel a little nervous about this moving spider behind me. Another spider (Daddy Long Legs) has moved into the corner where the other spider is waiting. I am intrigued what will happen? They are still close to each other but the smaller one seems to be threatening the larger black one. Its built a scaffolding to swing around on. When I bring a lighted candle close they run away from the light. I am deeply afraid of the spiders and all that lies in the shadows.

I seem thirsty for weak tea.

The **sore throat** is back.

Who called me to come to this earth? Who asked? and why did I come? I feel sadness. I feel alone.

Sharp pain in Right ear, like a little fine needle/ pinprick.

Needle pain in Left ear now.

A sense of **fullness**. There's a nice rhythm to the rising of the powder up the wall and then it falls to the middle and regroups. An endless cycle of renewal and regrowth.

I have become aware of the **weakness in my dorsal spine**, that makes it hard for me to sit up straight.

## Sneezing

Visualising moving through your **bowel**, there are kinks in it. This remedy helps to "straighten out". My hands feel warm and puffy especially on right side.

New Moon tomorrow.

#### Dream

I woke in the night and recalled **baby's dream** - she was struggling to breathe and I covered her with water and she became calm and relaxed again, so I guided her to the surface and she took her first breath. This time the lungs were ready to open and she cried out in delight as she emerged through the light-filling lining of the water onto the earth. She reached out to take our hand and was born again.

#### C7

The fire and the candles burning seem very alive tonight, waiting to be acknowledged for their part of life, warming, cleansing, purification and transformation.

There is a slight pain through my left breast - is this like cancer pain?

Cramp in left side of **abdomen/ breast** > stretching upward

I felt a strange pain on side of face.

Pain in left **temple area**, it came suddenly like a strike of lightening, then dispersed through the nerves.

I feel like I am **standing across from my mother**, eyes open, looking at her but I am standing independently and happy to be like that.

It is exactly 12 hours before New Moon.

I deeply resent this scraping phase when the powder is broken up, chaos ensures, turned and tumbled, broken apart and scraped clean. **Reminds me of a DnC** and the mother who told the story of still being pregnant after this operation. She believed the child was all pieces, broken limbs and hugely deformed from the scraping. When he was born the baby vomited continuously until the specialist took the anxious mother aside and asked her what was behind her anxiety. When she told him her fears, the baby immediately stopped vomiting. He was allowed to be whole and alive.

I am drawn back into the well and understand we have life because our **ancestors also chose it** for us. They dream of their children, and grandchildren and beyond. They hope that life will be as good or better than it is for them.

Feels like a very **deep bruise** that gets touched when I rotate my foot.

I have become aware now of how **separated** we are now. J is watching TV, S on the computer connecting to her friends, and I am triturating by the fire. Everyone connecting with someone outsides of themselves but not with family members.

Thinking about people who **fall in love with strangers** - deeply loving for one night - then departing. Cutting off from a person who goes to 'heaven' with you; the oxytocin rising up through two bodies deeply connected. A bond that defies time and space. (I am sent a book called the Bond by a friend) Cutting off to preserve family. Not wanting to lose what you have in life. Knowing the joy of bonding anew has diminished with familiarity. People creating a series of first times to fall in love again and again. It flows up like a spring, bubbling through the years.

Almost there now. I can feel my feet on the ground and a flow of energy from earth through my body, swirling through each chakra. Now I want to eat with my family.

The World Cup **rugby game** is starting - the national anthem sang, the haka performed and the people seated before their screens to join in this international game that connects men with men, and oozes brawn and speed, strategy and training. As women we join with our menfolk to enjoy the spectacle of sporting warfare; while at the same time yearning to dance and sing and laugh together in a celebration of being female. Wondering if we will join together as a country to celebrate the healing creative power of women.

#### **Nexus Rubrics**

#### Mind

Affectionate
Amorous
Anxiety, alone, when
Anxiety, fear, alone being
night
Cheerful
Childlike
Confusion

Excitement, anticipating events, when

Sadness,

Singing,

**Smiling** 

Restlessness

Weeping

Hurried

Looked at, desires to be

Memory, weakness, do; what was about to do

Caresses, propensity for caresses

Carried, desire to be carried

and caressed

Alone, aversion

Light, desire for

Light, abundance of

blue

Philosophying

Weeping, looked at, when

Cleanliness

### **Dreams**

streams
waterfalls gushing
pools of clear water
cleansing
roaming in heather
children exploring
Maori people
Birthing through water
Water, suffocation
Babies, children

Animal consciousness; spiders

Fear; spiders Fear; shadows

Desires; to be covered multi generations

Delusion;
entities, nature in
trees, alive
deformed, babies
twisted, babies
as if cat walking on forehead
sees, people, mother, looking her in the eyes
separation, people are
separation, family not connecting with each other
separation, family looking outward
cut off from deep connection

# Face

**Dirtiness** 

Pain, sudden, lightning like temple, left, lightning like

# Eye

Twitching; lids left upper left

# Nose

Sneezing

# Stomach

Eructations, empty alternating with yawning Vomiting, shock Thirst; tea

# Abdomen

Prickling; umbilicus

Pain; bending, forward amel

Pain; motion, agg walking agg

Trembling; legs

Pain, cramping, stretching, amel.

### **Throat**

Pain; sore

# Face

Dryness, lips Eruptions; lips, lower herpes, lips about, lower pain, neuralgic pain, burning Eruptions, pain, herpetic

# Mouth

Teeth, tightness, eye tooth Fingers, in mouth, children

# Kidney

Pain, aching, left, rubbing ameliorates aching, right

# Chest

Mammae; pain, left, cancer like

# Back

Weakness; spine, dorsal

Weakness; spine, falling to side

# **Extremities**

Wrist; pain, tendons Knee; pain, aching Lower leg; pain aching

Trembling; legs Heat; hands, left Swelling; hands, left

# Skin

Ulceration Boils Eruptions; herpetic

pain, neuralgic